

From: Ohio Action for Healthy Kids [paranez@childrenshungeralliance.org]
Sent: Tuesday, December 16, 2008 10:38 AM
To: Patricia Aranez
Subject: Ohio Action for Healthy Kids Newsletter



In This Issue

December 2008

Local and National News

Reports and Resources

Funding Opportunities

Upcoming Events

Zone 5 Tools for Schools PE

Workshop

(Fitnessgram Training)

Date: December 18

Time: 9:00 AM - 1:00 PM

Location: Marietta

Contact: Court Witschey

(cvh@washco-ohhealth.org)

Note: Cost is \$10. Please RSVP to Court Witschey ASAP.

For more information, visit

www.OhioActionforHealthyKids.org

Feature of the Month:

Call to Leadership: Elevating School Wellness to a Higher Level

- an archived webcast from December 8th, featuring Dr. David Satcher, MD, PhD, 16th U.S. Surgeon General, Founding Chair of Action for Healthy Kids

Local and National News

Ohio Health Department Awards \$1.1 Million in Obesity Grants

The Ohio Department of Health's Office of Healthy Ohio awarded more than a million dollars to 14 local health departments for efforts to fight childhood obesity. Five counties will use their grants to enhance existing initiatives aimed at reducing childhood obesity, and three will establish new anti-obesity programs in communities where none exist.

To view the full article, please visit

<http://www.rwjf.org/childhoodobesity/digest.jsp?id=8893&c=EMC-ND138>

Federal Healthy Snack Program Goes Nationwide

A program that began 6 years ago in 5 states, including Ohio, has now expanded to all fifty. The federal Fresh Fruit and Vegetable Snack Program will provide nearly \$49 million dollars to help educators boost students' consumption of healthy snacks. In addition to purchasing and distributing produce, participating schools will also include initiatives like nutritional lessons and school gardens.

To view the full article, please visit

<http://www.rwjf.org/childhoodobesity/digest.jsp?id=8886&c=EMC-ND138>

Children Need Recess to Learn, but Most Minority Students are Missing Out

In order to bolster math and reading scores, many predominantly-minority schools have cut recess in favor of extra class time. For some schools, recess is cut because the schools lack playground equipment or are in unsafe neighborhoods. According to a Center for Public Education report, schools across the country provided more recess in the years before the No Child Left Behind act required school testing and accountability measures. The Act had the effect of reducing recess for a reported 20 percent of schools, replacing that time with English and math instruction. While recess still remains in many schools, "There exists a recess gap," said Patte Barth, director of the Center for Public Education. According to the report, children attending the highest poverty, highest minority schools "are the least likely to get recess at all."

To view the full article, please click here: <http://www.macon.com/198/v-print/story/491586.html>

Reports and Resources

USDA Report Shows a Rise in Hunger Among Children

The department's annual report on food security showed that during 2007, the number of children who suffered a substantial disruption in the amount of food they typically eat was more than 50 percent above the 430,000 in 2006 and the largest figure since 716,000 in 1998. James Weill, president of the Food Research and Action Center, predicted the 2008 numbers to show even more hunger because of the recent economic downturn.

To view the full article, please visit:

<http://www.cnn.com/2008/US/11/18/hungry.kids.ap/index.html>

Students Still Have Access to Unhealthy Food

A research brief from Child Trends suggests that most students across the nation, regardless of their socioeconomic status, have ready access to unhealthy food. Researchers from the National Center for Education Statistics studied the self-monitored results from over 11,000 fifth-grade students, and found that 26 percent reported purchasing sweets in school during the past week.

To view the full report (clicking on the link will open a PDF), please visit:

http://www.childtrends.org/Files/Child_Trends-2008_11_17_RB_SchoolFoodPolicy.pdf

Targeted Text Messaging may Help Curb Childhood Overweight

A study published in the November/December issue of *Journal of Nutrition Education and Behavior* suggests that incorporating text messaging into obesity prevention efforts may help maximize results. Children who monitored their data using their cell phones were more likely to report their results than those who monitored it on paper.

To view the full report, please visit:

<http://www.med.unc.edu/www/news/unc-study-text-messaging-may-help-children-fight-off-obesity>

GrantStation Webinars Scheduled for January

A free tour of the GrantStation website will be offered on Wednesday, January 14, 2009, at 2 p.m. EST. Learn how to use the tools and resources that GrantStation provides to help identify the right grantmaker for a project or program.

To view more information and register, please visit:

<https://cc.readytalk.com/cc/schedule/display.do?udc=9ztxuy5p1dxx>

Funding Opportunities

OHA's Foundation Seeks Grant Applications for Reducing Childhood Obesity

Call for Proposals: Through February 2, 2009

Non-profit members of the Ohio Hospital Association are eligible to apply. Grant money will be used towards engaging local communities to join the effort to reduce childhood obesity. The foundation intends to award up to \$100,000 to four or six projects.

Application and information can be found at:

http://www.healthycommunitiesohio.org/grants_howtoapply.asp

Robert Wood Johnson Foundation: Salud America!

Deadline: February 6, 2009

Salud America! is a national program of the Robert Wood Johnson Foundation that supports research on environmental and policy solutions to the epidemic of obesity among Latino children. The objectives of the current call for proposals are to increase the skills and experience of researchers who

are working to reduce and prevent obesity among Latino children. Application and information can be found at: <http://www.salud-america.org/>

General Mills *Champion for Healthy Kids* Grants

Deadline: January 15, 2009

Every year the General Mills Foundation awards 50, \$10,000 grants to community-based groups that develop creative ways to help youth adopt a balanced diet and physically active lifestyle. It's part of an ongoing partnership between General Mills, the American Dietetic Association Foundation and the President's Council on Physical Fitness, since 2002. Grant applications can only be completed online at: <http://www.generalmills.com/corporate/commitment/champions.aspx>

CATCH Implementation Funds Program

Call for Proposals: November 9, 2008 - January 30, 2009

The Community Access to Child Health (CATCH) Implementation Funds program supports pediatricians in the initial and/or pilot stage of developing and implementing a community-based child health initiative. Grants of up to \$12,000 are awarded to pediatricians each year on a competitive basis.

Application and information can be found at:

<http://www.aap.org/catch/implementgrants.htm>

If you would like to learn more about the Ohio AFHK Collaborative or submit information for the newsletter, e-mail Shelly Roth Beiting at SBeiting@ChildrensHungerAlliance.org



Forward email

 **SafeUnsubscribe®**

This email was sent to paranez@childrenshungeralliance.org by paranez@childrenshungeralliance.org.

[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Children's Hunger Alliance | 370 South Fifth Street | Columbus | OH | 43215