

Healthy Kids, Healthy Schools

Addressing Childhood Obesity in Ohio

a collaborative of



Collaborative Partners

American Dairy Association Mideast is dedicated to improving the nutritional status of the community and serves as the local affiliate of the National Dairy Council (NDC). ADA empowers youth to take action to improve nutrition and physical activity at their school with their Fuel Up To Play 60 program. Created in partnership by NDC and the National Football League, the goal of Fuel Up To Play 60 is to ensure changes made at school are sustainable so children have more opportunities to be physically active and more access to nutrient-rich foods like low-fat and fat-free milk, fruit, whole grains and vegetables throughout the school campus.

www.Drink-Milk.com

Children's Hunger Alliance is a statewide non-profit agency working toward long-term solutions to end childhood hunger in Ohio. To achieve its goal, the agency works with schools, youth-serving non-profits, faith-based groups, and family or home based child care providers to increase participation in USDA Child Nutrition Programs. The agency fights hunger and poor nutrition through education and supplemental resources for caregivers, parents, and children.

CHA also works with schools and youth-serving organizations throughout Ohio to expand participation in all Child Nutrition Programs and to raise awareness of the impact of childhood hunger has on development, health and learning. Children's Hunger Alliance targets geographic areas of need, link food to learning, and helps organizations overcome barriers by implementing successful programs. It also supports new and existing meal program sponsors and programs by providing technical assistance, which ensures meal programs operate efficiently and effectively.

Federal programs exist to provide Ohio's children nutritious breakfasts, lunches and afterschool meals or snacks. Unfortunately, these programs are tremendously underutilized in Ohio.

www.ChildrensHungerAlliance.org

Ohio Action for Healthy Kids is a part of a nationwide initiative dedicated to improving the health and educational performance of children through better nutrition and physical activity in schools. This effort represents a response to our nation's epidemic of overweight, sedentary, and undernourished children and adolescents. Healthy schools produce healthy students — and healthy students are better able to learn and achieve their true potential.

The Ohio AFHK team consists of over 25 state level organizations, 10 Regional Zones and thousands of local members who facilitate meaningful change in schools. Members work together to foster sharing and collaboration among diverse groups, to mobilize organizations and individuals to take action and provide needed tools and resources to promote change.

www.OhioActionForHealthyKids.org

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