

A conference call meeting of the Action For Healthy Kids Zone 4 was held on February 11, 2010.

On the phone were: Betsy Barringer, Mel Milliron, Lisa Hamper, Tom Mitchell, Carol Dambrogio, Marie Economus, and Debbie Iliff.

Betsy mentioned that First Lady Michelle Obama is heading up a movement to combat Childhood Obesity. Look for National Action For Healthy Kids to piggyback on that!

Mini Grants: Betsy reported that Portage had sent in for money for conference and mini grant.

She also mentioned that Geauga County would not apply for the money. Debbie said that Ashtabula and Lake County are working on a joint conference for April 26, 2010 at the Perry High School, 1 Success Blvd, Perry Ohio 44081 and will be including Geauga County schools. One of the speakers will be a panel discussion of the ACHIVE (**A**ction **C**ommunities for **H**ealth **I**nnovation and **E**n**V**ironmental **C**hang**E**) grant Lake County General Health District has received. Debbie also reported that Jefferson Elementary School is applying for their mini grant to go toward providing breakfast for everyone before the Ohio Achievement Test the end of April.

Mel said he has been working with the Trumbull County ESC on doing a survey in Warren City Schools and looking to a conference for PE teachers.

Fuel Up Grant: Betsy reported that East Palestine Middle School had applied for the grant. They had also applied and received a couple of other grants which they have used for their fitness/ nutrition center. They will host an Open House on February 26, 2010 at 5:30 pm. Let Betsy know if you would like to attend.

State AFHK News: Betsy said that Jan Meyer is not longer the coordinator for AFHK. Shelly Beiting has left and the replacement has since been replaced!

Betsy said to look at the next newsletter from AFHK to highlight an article about Bonnie Hoppel.

Spring Conference: Registrations are slow to come in for the March 9th conference in Boardman.

Summer PE Conference: Is being set up for June 15th at Kent State University- Trumbull Campus. This is the PCAT training from ODE. The Technology Building Room 117 will be used.

New Business: Betsy got a call about working a Health Fair in Mahoning County on April 24th. Anyone interested should contact Betsy.

Carol mentioned that at the Ashtabula County Relay for Life (June 18th) from 6:00 pm - 10:00 pm the Cancer Prevention Study will be there to sign people up for the study.

Longest Day of Play is June 19, 2010 at Lake Shore Park in Ashtabula Township.
Please pray for no rain!!!

The next AFHK meeting will be March 1, 2010 at Shepherd of the Valley in Austintown.

The April meeting will be April 14, 2010 at the Ashtabula County Health Department, 12 W. Jefferson Street, Jefferson, Ohio 44047.

Respectfully Submitted,

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Health Educator
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