

Putting the Pieces Together: Framework for Student Success

Friday
February 9th, 2007
7:30 a.m. to 3:30 p.m.
Akron General
Health & Wellness Center
Akron, Ohio

The goal of this conference is to provide evidence-based practices and resources essential to implementing and measuring local wellness policies with the Coordinated School Health process as the foundation.

Program *Agenda*

- 7:30 - 8:00 Registration & Breakfast
- 8:00 - 8:05 Welcoming Remarks
- 8:05 - 8:30 Action for Healthy Kids: A Link to Coordinated School Health
- JD Beiting, Senior Manager, Children's Hunger Alliance
- 8:30 - 9:20 Shaping the Future: Obesity and Northeast Ohio's Kids
- Ellen Rome, M.D., M.P.H., Cleveland Clinic
- 9:20 - 9:30 Break
- 9:30 - 11:10 Listen and Learn Strategies to Improve Your Bottom Line: Linking Health and Academics
- Dr. Pat Cooper, Superintendent of McComb Schools, Mississippi
- 11:10 - 11:20 After School Toolkit
- 11:20 - 12:00 Lunch
- 12:00 - 12:45 Connecting the Dots: Asset Building
- Debbie Pietrzak, Salem Community Hospital
- 12:45 - 1:00 Wellness at the Worksite
- Sara Hechko, Health Promotions Coordinator, American Cancer Society
- 1:00 - 2:20 Successful Implementation of Your Wellness Programs
- Jim Patsey, Superintendent of Federal Hocking Local Schools
 - Tammy Strom, Coordinator of Communication Services, Solon City Schools
 - Rita Sfiligoj, Health Resource Coordinator, Louis Agassiz School
- 2:20 - 2:30 Break
- 2:30 - 3:20 Effective Evaluation: *Wow Your Stakeholders*
- Denise Tabar, Director of Food Services, Olmsted Falls School District
 - Dr. Pat Cooper, Superintendent of McComb Schools, Mississippi
 - Debbie Pietrzak, Salem Community Hospital
- 3:20 - 3:30 Closing Remarks, Certificates, & Evaluations

Who should *Attend*

Superintendents • Administration
Teachers • Food Service
Dietitians • Parents
School Nurses
Health Educators

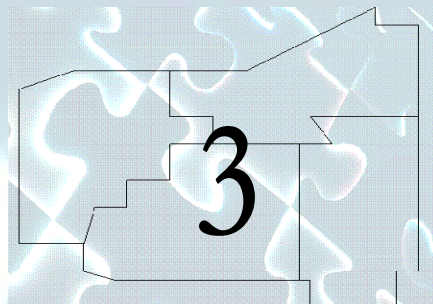
Continuing *Education*

Continuing education contact hours for Nursing and Social Work have been applied for. Certificate of Participation will be available for others.

Learning *Objectives*

- Identify a link between health and academic success through the coordinated school health framework.
- Examine the relationship between adolescent obesity and academic achievement.
- Identify strategies to map current activities related to asset building and student wellness.
- Identify resources to implement and evaluate wellness initiatives.

Action for Healthy Kids *Zone 3 Teams & Leaders*



Ohio's Action for Healthy Kids is divided into 10 zones to provide infrastructure and to organize the work being done at the local level. *State Healthy Schools Teams* will work to initiate action at the state, district or building level for better nutrition and physical activity in schools. Zone 3 is made up of Cuyahoga, Lorain, Medina, and Summit Counties.

www.ohioactionforhealthykids.org

"Administrators are looking for something that really works to help all children, and help the profession as a whole. Coordinated School Health will do that."

*-Dr. Pat Cooper, Superintendent of Schools,
McComb, Mississippi*

Coordinated School *Health*

The ultimate goal of the Coordinated School Health Process is to improve the health status and the educational achievement of children and youth.

Coordinated School Health provides a setting in which school staff and community partners collaborate in making schools a safe and supportive environment thus, improving students ability to learn.



Coordinated School Health can:

- Improve attendance by students and staff
- Reduce health care costs
- Increase self-confidence and self-esteem
- Decrease number of students using tobacco
- Improve eating habits for students and staff
- Improve physical activity

Name	
Position	
School/ Organization	
Address	
City	Zip
Phone	
E-mail	

**Registration Deadline:
January 26**
**Space is limited to 50
participants per county**

Registration Fee: \$30.00
Groups of 4 or more: \$25.00 - Please send registration forms together.

Method of Payment:

- Check/Money Order payable to SCHD
- Purchase Order

Mail payments and registration forms to:

Action for Healthy Kids, Zone 3
Attn: Robin Bednar
4800 Ledgewood Dr.
Medina, Ohio 44256
330-723-9688