

Ohio Action for Healthy Kids - Zone 10
June 26, 2009
10:00 am - 12:00 noon
OSE Extension Office - Richland County, Mansfield, Ohio

MEETING MINUTES

ZONE 10 - Ashland, Crawford, Erie, Holmes, Huron, Knox, Marion, Morrow, Richland, Wayne, Wyandot

Mission: Ohio Action for Healthy Kids is dedicated to improving children's nutrition and physical activity in schools by collaborating with stakeholders in advocating, educating, promoting and implementing state initiatives to enhance the school health environment, so children can learn and participate in positive lifestyle behaviors.

Present: Dana Eichelberger, Beth Fisher, Amy Gorenflo, Ellen Homlong, Molly McDermott, Jan Meyer, Tina Rivera, Julie Sowecke

Agenda

1. Introductions
 - Jan Meyer asked everyone to introduce themselves and share what school or organization they were with.
2. Minutes
 - No minutes were available
3. Treasury
 - A brief budget for the UPS (United Parcel Service) Foundation Grant funds was provided for the 2007-08 and 2008-09 fiscal years.
 - Jan reviewed the income and expenditures for the last two years. Financial information was not 100% complete but the following was shared.
 - i. Meeting expenditures of \$55.64
 - ii. One workshop in March of 2008 costing \$901.60
 - iii. 19 mini grants to schools have been provided costing \$10,025.21
 - There is currently \$2,589.56 in the Zone 10 budget
 - Concern was shared that there are funds available to Zone 10 this fiscal year which has not been accessed because a Zone Leader was not available to submit the UPS Grant Reports required to receive the funds. For 2009-10, UPS funds are available but Zone 10 will need to submit an Action Plan to receive the funds.
4. Zone 10 Review
 - Jan shared the following history of events for Zone 10
 - i. August 2005 a CATCH training was held at Highland HS
 - ii. November 2006 mini grants were provided to four schools
 - iii. May 2006 a conference was held with Dr. Pat Cooper as speaker
 - iv. Fall of 2007 seven schools received mini grants

1. Five additional grants were provided to use remaining UPS funds
- v. March 2008 "Making Your Wellness Policy Work for Your School" workshop
- vi. 2008-09- seven schools received mini grants

5. UPS Grant 2008-2009 Year in Review

- A PowerPoint was provided which showed success for this year October 2008-March 2009 for all the Zones
- Workshops
 - i. 17 workshops were held across the state impacting 887 school and health staff
 - ii. Parent Workshop in Zone 8 very successful and a template for Parent Workshops in other Zones
- Mini Grants
 - i. 46 mini grants were provided across the state impacting 21, 090 students
- Breakfast Success
 - i. From April 2007 to November 2008 there has been an increase from 300,034 to 371,981 students participating in school breakfast. This is a 23.9% increase in participation. Our UPS goal was to reach 350,034 so we have exceeded that.
- Ohio Grant Opportunities
 - i. Ohio was one of four states to receive grant from Nation AFHK to pilot the "Game ON" program. You can access and download the program at the AFHK website.
 - ii. Ohio was one of five states to receive a grant for the Entertainment Industry Foundation for \$50,000 to work with one school district of need to facilitate student and family engagement in physical activity and improve physical education.
- New Products
 - i. "Progress or Promises" was published by National AFHK in Fall of 2008 to discuss the status of wellness policy implementation in schools. It reveals a gap in the viewpoint of key stakeholders in the school setting regarding how well the wellness policy has been implemented. The publication can be downloaded at the AFHK website
 - ii. Ohio revised the "Parent Toolkit". It is now available to download at the Ohio AFHK website. Each Zone will receive 100 copies of the bound publication to use with PTAs and parent groups.
- Outreach and Recruitment
 - i. Ohio AFHK assisted the Ohio Business Roundtable with a conference on April 1-2, 2009 "Addressing Childhood Obesity through Community Action and Public Policy Solutions.
 1. There was quite a bit of discussion at the meeting regarding the high quality of the speakers at the conference and several of the topics.
 - ii. Ohio AFHK assisted with the Ohio School Based Health Care Association with an advocacy day event on April 14th at the StateHouse "Healthy Supported Students for Academic Success"

6. Future Meeting Schedule

- **Zone 10 is in need of a new Zone Leader to coordinate activities.**
 - i. Jan shared that other Zone Leaders have said that the work time may be higher during times of workshops or mini grants but other weeks there is minimal or no time required.
 - ii. Other Zone Leaders have come from health departments, ACS, ESC's SFS, just about anywhere.
 - iii. There is a lot of support for a Zone Leader from a Zone Leader handbook, to conference call meetings to support from Jan and Shelly Roth.

1. If anyone is interested in investigating the position of Zone 10 Leader please contact Jan Meyer, 419-474-8528, jmeyer.ohioafhk@gmail.com
 2. A Zone Leader will be necessary to receive the UPS funds available and implement quality professional development workshops and mini grants to schools.
- Action Plan Meeting
 - i. There is a Zone Leader Conference Call set for July 22, 2009 at 2:00 pm. The call is a free number. It would be beneficial if someone from Zone 10 could participate in the call. If anyone is interested, please contact Jan Meyer.
 - Zone Meeting Dates
 - i. It was decided to hold off setting another meeting date until Zone 10 is able to identify a Zone Leader