

Minutes

ZONE 1 AFHK Meeting

June 5, 2008

Anthem BCBS Community Resource Center, Toledo, Ohio

Next Meeting Dates:

July 31; Oct 2; Dec 4

*Note Important Changes

ZONE 1 - Defiance, Fulton, Henry, Lucas, Ottawa, Paulding, Sandusky, Seneca, Williams, Wood

Mission: Ohio Action for Healthy Kids is dedicated to improving children's nutrition and physical activity in schools by collaborating with stakeholders in advocating, educating, promoting and implementing state initiatives to enhance the school health environment, so children can learn and participate in positive lifestyle behaviors.

Present: - Meg Bodie, Kristen Ewers, AnnE Gibson, Jan Meyer, Tekla Madaras, Patrice Powers-Barker, Evelyn Schroder (new member), Candy Scribner, Marybeth Torsell, Joanne Truehaft, Gina Veres, Aubrey Whewell

Agenda

1. Minutes

- Minutes of the April 10, 2008 meeting were distributed and reviewed.

2. Treasury

- Jan Meyer distributed the budget report as of 6-4-08
 - Total income for the 2007-08 year was \$8200.00 in UPS funding and \$16,891.59 in Zone funding. This is a total income of \$25,091.59. The Zone funding includes a one time deposit of \$8000.00 in Pep Grant funds from Toledo Public Schools and revenue from the Workshop Series and Dr. Cooper's presentation
 - There was a review of each Zone and UPS account. Monies in Z204 were spent, or designated to be spent, in the Round II of mini grants to begin in the fall of 08. The same is true of UPS105; the remainder of those funds went to Round II mini grant. We have leftover funds in UPS101 and UPS107 which will have to be spent in the 2008-09 Action Plan.

3. Ohio AFHK Update

a. Legislation

- **HB 254** - After the last hearing for this bill in the Education Committee there were questions regarding nutrition and beverage standards. The Goal 2 Nutrition Committee met with Dana Mocek, Director of Government Affairs with Children's Hunger Alliance to review the beverage guidelines.
- The committee made some changes to the beverage guidelines to coincide with guidelines from the Alliance for a Healthier Generation. The changes will be shared with Senators Peterson and Strayhorn. They will decide if any changes to the bill will be made.
- Jan passed around a copy of the Alliance Guidelines, the HB 254 guidelines and a list of the suggestions. For people to compare.
- Lastly, over the legislature's summer break, we may be contacting Zone members to call and/or meet with legislators while they are in their home districts to provide support for HB 254. Please be on the lookout for this and contact your local senator and representative. Jan said that she has easy guidelines for contacting and talking with legislators.

- **HB 456** – Introduced in February, this bill is a health care reform bill but also contains a requirement for the Ohio Board of Education to adopt nutrition standards. Jan shared that the bill has adopted the standards that are in HB 254.

b. GAME ON

- Jan reviewed that Ohio had been selected by National AFHK to participate in a project to implement *Game ON* in 3-5 schools. We would receive \$25,000 to do this.
- The Ohio American Dairy Association has donated an additional \$10,000 to allow us to do the project with 8 schools.
- Last month schools were asked to fill out an application if they were interested in participating in this program, 46 schools applied.
- The Ohio AFHK Executive Committee reviewed the application and 8 schools were selected. Jan said that as soon as Shelly has contacted them all and they have accepted the program a notice will go out listing the schools.

c. Entertainment Industry Grant

- Ohio AFHK applied for a National AFHK grant from the Entertainment Industry Foundation. Our proposal was accepted. We will receive \$50,000 to work with one school in Ohio to promote physical activity and physical education and sustain a positive environment change.
- Last month schools were asked to fill out an application if they were interested in participating in the grant. 8-10 schools applied.
- The Ohio AFHK Executive Committee reviewed the applications and a school in Westerville was chosen.

d. Project Manager

- Both of the grant projects will require a project manager to work with the schools. Shelly is developing a job description for this and will make it available soon. The project manager for both grants will be a part time contract position and funding is available in both grants for the position. If anyone is interested in this part time position, look for the notice from Shelly or contact Jan Meyer.

4. UPS Grant 2007-2009 Action Plan Update

a. Pat Cooper Conference Evaluation

- Dr. Cooper's DVD was made available to anyone who attended the presentation. 35 people from 16 different school districts requested a copy of the DVD. There were 95 people who attended the presentation from 24 different school districts.
- As part of the DVD mailing, Jan asked those receiving it to answer a few evaluation questions. Eight districts returned the evaluation. A copy of the evaluation comments was distributed.

b. Four County Conference April 9th

- Candy Scribner shared that the conference was very successful. She highlighted a speaker for the Ohio Department of Education and the final motivational speaker of the day, Jim Steffens, owner of Fit to Achieve.

c. CSH Conference Mini Grants

- Three school districts from Zone 1 will be attending the Salt Fork Coordinated School Health Conference on June 16-18.
 1. Port Clinton City Schools
 2. Paulding Exempted Village Schools
 3. Sylvania Schools, Northview High School

d. Mini Grants

- **Current Grantees** - The five schools that were funded in the Round I of mini grants have finished up the projects, submitted their final evaluation reports and received the final installment of funding. The five schools were
 1. Fassett Middle School
 2. Our Lady of Lourdes Schools
 3. St. Wendelin Schools
 4. Lake Local Middle and High School
 5. Arlington Elementary
- **Round 2** - 10 schools applied for the Round II grants which will begin in the fall. We funded 6 schools with the remaining UPS funds and the \$1000.00 of Zone money designated for grants. The schools are;
 1. Fayette Elementary
 2. Archbold Elementary
 3. Edgerton Elementary
 4. Fassett Middle School
 5. Defiance Catholic School
 6. Edgewater Elementary

e. Zone Grants and Scholarships

- Jan distributed a listing of all the grants and scholarships that Zone 1 has provided over the last 2-3 years. The list includes
 1. Coordinated School Health Conference Scholarship Grants 2006, 2008
 2. Mini grants 2006-07, 2007-08 Rounds I and II
 3. After School Physical Education grants 2006-07
 4. Physical Education Equipment grants 2007-08
 5. ReCharge Program grants 2007-08
- The financial total of all the grants and programs is \$18,580.50. JOB WELL DONE ZONE1!!!

f. Zone 1 Action Plan for 2007-08 Report

- The UPS report for the 2007-08 Action Plan year was due to JD Beiting on June 2nd. Jan shared that the report was completed. It was 41 pages long containing information on 4 workshops conducted in 2008 and 32 grants provided during the action plan year.
 1. Workshops included, Dr. Cooper, Four County Conference, Workshop Series #2 and Workshop Series #3
 2. Grants included 3 mini grant scholarships to Coordinated School Health Conference; 11 mini grants for nutrition/physical activity/breakfast projects; 10 mini Anthem BCBS grants for physical education equipment; and 8 mini grants for
- Jan distributed the report for people to view. If anyone is interested in the entire report, she will email it.

g. UPS Grant 2008-09 Action Plan

- The Action Plan for the 2008-09 year is due to JD Beiting by July 31st.
- Each Zone will receive \$6000.00
- The plan requires each Zone to;
 1. Provide a minimum of one workshop
 2. Allow \$2500-\$5000.00 for mini grants to schools
 3. Allow one \$600.00 grant scholarship for the Coordinated School Health Conference
 4. States that for every dollar that a Zone acquires through local grants from foundations the state will match that dollar up to a maximum of \$2000.00. In this way, the state is encouraging Zones to look for their own funding.

- Jan asked for volunteers to help discuss the activities of the Action Plan. It would require a couple of conference call and perhaps on face to face meeting. Marybeth Torsell and Joanne Truehaft volunteered.

5. Sharing

- Joanne Treuhaft** - Joanne shared that she has been involved with a grant involving the Allen County Health Department. The grant provides a 'Family Fun Night' program for schools where children and parents learn about nutritious snacking and are involved in physical activity stations. One of the highlights is a blow up piece of equipment that children walk through and learn about digestion. Joanne has been involved in 10 programs this year and they are planning 20 programs next year. She thought that it would be valuable to bring this program to NW Ohio as part of a workshop for schools on resources and grants.
- Gina Veres** - Evergreen Elementary had a School Field Day using the Dole program. In Fulton County two schools received Zone1 mini grants; Archbold and Fayette Elementary.
- Kristen Ewers** - Kristen was involved with a Health and Fitness Day on May 21st. The program was for schools and business.
- Candy Scribner** - Candy will be working with Edgerton Elementary in Williams County because they receive a Zone1 mini grant.
- Evelyn Schroder** - St. Joan of Arc School held a "Family Fun Night" where families bring their own activities to share. She also shared a successful nutrition program at the school which is held during an election year. The students "campaign" for their favorite fruit or vegetable. They hold a regular promotion campaign and the students then vote for the winner.
- Tekla Madaras** - Eastwood schools will be using the Olympics as a theme for parent/student physical activities.
- Meg Bodie** - In Port Clinton this last year the focus was on physical activity. In May the primary schools held a Family Fun Night with relay races and healthy snacks. They had 50 adults attend with their children.
- Marybeth Torsell** - Marybeth is busy with ACS Relay's for Life. There have been many mini relays at schools along with many school health fairs.
- Patrice Powers-Barker** - Patrice has been busy with summer food programs, there are 100 sites in Lucas County.

6. Future Meetings

- Always the first Thursday of every even numbered months - 10:00am
- (Date Change) July 31; Oct 2; Dec 4**