

Ohio Action for Healthy Kids- Program Planning Meeting
September 22, 2009
10:00-12:00
American Cancer Society, Perrysburg, OH

Minutes

2009-10 Program Planning Meeting

Present: Lisa Ambrosetti, Deb Boardley, AnnE Gibson, Debbie Matthews, Jan Meyer, Gina Veres,

Conference Call: Kristen Ewers, Deb Gilgenbach, Candy Scribner, Chris Haar

Agenda

Parent Workshop: finalize brochure

Parent Mini Grant: review application and timeline

Workshop Series: topic selection, possible speakers, mailing timeline

Fuel Up to Play: review application and timeline

Mini grant: review application and timeline.

1. **Parent Workshop Brochure** The brochure was approved with a few minor changes. Jan will email it out to the email roster on Wednesday. The county Healthy Departments will make sure it will get to the schools within the county. The target audience is Parent Associations and Booster/Athletic Groups. Jan will contact the ESCs to ask them to distribute. She will contact Ann Cipriani with TPS to see if there is a way for them to distribute the brochure via email instead of regular mail. Depending on the opportunity there, she will send the brochure to Deb Matthews at St. Luke's for printing of a limited number of copies to mail.
2. **Parent Mini Grant** Jan asked what the group thought of only offering the three parent mini grants to people/groups who attend the workshop. It was agreed to do that. Timeline for the parent mini grants is: Announce November 5th: Date Due-December 11, 2009: Notification-By December 25, 2009; Projects begin January 2010 through May 2010.
The mini grant form will be the one used by the Game ON school grants of 2009 with a few changes. These were discussed at the meeting. The mini grant application will be distributed at the Parent Workshop and briefly reviewed.
3. **Workshop Series** Jan suggested that this year we change the format a bit and end the workshop at 2:00 pm instead of 3:00 pm. Many attendee struggle to be able to stay for that last hour.
Below is the list of suggested topics, speakers and who is to contact them.

Nutrition Topics

- Farm to School information, Amy Hoops (sic) - Chris Haar
- Food Service Issues, Brigette Hires - Jan Meyer
- Veggi U - AnnE Gibson
- Toledo Grows, Rebecca Singer - AnnE Gibson

Physical Education/Activity

- PECAT overview, Sandy Hood - Jan Meyer
- Game ON, Mary Chase Sam Doris - Jan Meyer
- Stress management, Don Adanski (sic) Deb Matthews
- Golf is PE, PGA - AnnE

- PE Fit-Patti Wilson - Jan Meyer

Miscellaneous

- Tobacco Information Lisa Ambrosetti
- Teen Development and Behavior, (Trumbull County Contact) Jan Meyer, (Dr Griffith) AnnE Gibson
- Parent Engagement, ODE Consultation - Jan meyer
- Time Management
- AnnE emailed another option-Staff Wellness

Mailing Timeline - Jan will put together a SAVE THE DATE ASAP to get out to our email roster. As speakers are confirmed the registration brochure will be developed and emailed out to schools. We will see how much we can cover with email in order to save on postage.

4. **Fuel Up to Play 60** Jan gave a brief overview of the program. Schools can sign up for the program at www.fueluptoplay.com. Schools must be signed up in order to apply for our Fuel Up mini grant of \$800.00. The program targets student organizations in middle or high school (grades 6-10). There is a simple, modified SHI school assessment tool they use to identify what PE or nutrition activities they want to implement from the program. There is "Play Book" with activity ideas for them to use. Jan has a conference call on Friday, September 25th to go over plans for the mini grant. National AFHK and the American Dairy Association have developed a grant application that we will use. Jan suggested that because this is a grant of \$800.00 and good technical assistance is available to the school through Mary Chase that we offer this grant only through email contact to schools that are involved with AFHK Zone 1 and not do a mass mailing.
5. **UPS Mini Grants** We will be able to support four UPS mini grants this school year, one targeting breakfast and three targeting PA or nutrition. Ways to decrease mailing and postal costs of this were discussed. It was decided to mail announcements of the grant RFP to all the schools via the school secretary again, but to direct those receiving the postcard to download the application from the website. We will target the same mailing timeline as last year.
 - Mail January 1
 - RFP due February 5
 - Announce February 12
 - Activities February through May 2010

Next Meeting Date Change

Because this planning meeting was so close to our regularly scheduled meeting on October 1, 2009 it was decided to cancel the October meeting and reschedule it for after the Parent Workshop.

The meeting will be November 12, 2009 9:00- 11:00 am at the American Cancer Society office in Perrysburg, Ohio. Conference Call in is available.