

**Ohio Action For Healthy Kids: Zone Action Plan 2009-2010**

**Zone Action Plan Cover Sheet**

**Zone #: 2**

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Did you have unspent funds from 08-09 year? **No**

a. If so, how much do you have remaining?

b. How does your zone plan to utilize those funds in the coming year?

2009-2010 Required Components

Workshops

- 1 general school wellness
- 1 to focus on parent outreach working with Ohio PTA where possible and the Ohio Parent Toolkit

Mini-Grants

- At least 1 to impact expanding school breakfast (\$500 minimum)
- At least 1 to support a PTA or parent group program/project (\$500 minimum)
- One mini-grant to a “*Fuel Up to Play*” school (\$800)

An objective for outreach and recruitment

An objective for securing local funding and in-kind support



**Zone: 2**      **Date:** September 15, 2009

<b>Broad Objective:</b> Zone Educational Conferences/Workshops						
<b>Objective #1: (Keep it SMART. Specific. Measurable. Appropriate. Realistic. Time Specific)</b> In November 2009, provide a parent workshop reaching a minimum of 35 participants in Zone 2 via the workshop. Ohio AFHK resources such as the parent toolkit, <i>Promoting Healthy Youth</i> will be highlighted. An effort will be made to reach counties that are less involved.					<b>Total UPS Funds Utilized: \$500</b>	
					<b>AFHK Funds Utilized: \$200</b> <b>In-Kind or Support Funds: Zone 2 Partners</b>	
<b>Tactics</b>	<b>Person(s) Responsible</b>	<b>Resources Needed</b>	<b>Deliverables (# of kids impacted, # of attendees, etc)</b>	<b>Target Date</b>	<b>Status</b>	<b>Evaluation (if needed)</b>
<b>1. Program Planning</b> - Create an agenda, topics to address and speaker suggestions & contact information.	Parent Workshop Subcommittee	Use OAFHK samples from other zones	Agenda created and approved by zone members; assignments for speaker contacts & confirmations	September - October 2009	<input checked="" type="checkbox"/> _X_ Not Started <input type="checkbox"/> _ In Planning <input type="checkbox"/> _ In Progress <input type="checkbox"/> _ Completed <input type="checkbox"/> _ Changed	
<b>2.Event Logistics</b> – Select a date, location, food, AV, room set-up, in-kind support & donations	Parent Workshop Subcommittee	Money, contacts for food and room access	Assignments & confirmation for location, food & in-kind contacts.	September – October 2009	<input checked="" type="checkbox"/> _X_ Not Started <input type="checkbox"/> _ In Planning <input type="checkbox"/> _ In Progress <input type="checkbox"/> _ Completed <input type="checkbox"/> _ Changed	
<b>3. Communications</b> - Create a registration form, send via mail/e-mail/website, promote through local events & organizations.	Parent Workshop Subcommittee & zone members	In-kind or funds for mailing & printing	Mail, e-mail and announce workshop through zone members & contacts	September – October 2009	<input checked="" type="checkbox"/> _X_ Not Started <input type="checkbox"/> _ In Planning <input type="checkbox"/> _ In Progress <input type="checkbox"/> _ Completed <input type="checkbox"/> _ Changed	
<b>4. Conduct Workshop</b> Day of event coordination & assignments, handouts, introductions, AV, facilitator, food, eval	All zone members	Handouts, AV, donations for goody bags registration needs	Reaching at least 35 parents	November 2009	<input checked="" type="checkbox"/> _X_ Not Started <input type="checkbox"/> _ In Planning <input type="checkbox"/> _ In Progress <input type="checkbox"/> _ Completed <input type="checkbox"/> _ Changed	Based on the evaluation 75% commit to making at least one change based on attending the conference.
<b>5.Post-Conference f/u</b> Compile evals & conference	Parent Workshop Subcommittee	Post eval and conf documents	PPTs, handouts, photos for posting on website; eval results	December 2009	<input checked="" type="checkbox"/> _X_ Not Started <input type="checkbox"/> _ In Planning <input type="checkbox"/> _ In Progress <input type="checkbox"/> _ Completed	

communication			shared; f/u with attendees.		___ Changed	

Zone: 2 Date: September 15, 2009

<b>Broad Objective: Zone Educational Conferences/Workshops</b>						
<b>Objective #1: (Keep it SMART. Specific. Measurable. Appropriate. Realistic. Time Specific)</b>					<b>Total UPS Funds Utilized: \$2500</b>	
In Spring 2009 provide a "Tools for Schools" Conference focusing on physical activity/physical education, nutrition, and school wellness policies with resources for children reaching a minimum of 25 school districts. Ohio AFHK resources will be highlighted.					<b>In-Kind or Support Funds: Zone 2 Partners</b>	
<b>Tactics</b>	<b>Person(s) Responsible</b>	<b>Resources Needed</b>	<b>Deliverables (# of kids impacted, # of attendees, etc)</b>	<b>Target Date</b>	<b>Status</b>	<b>Evaluation (if needed)</b>
<b>1. Program Planning</b> - Create an agenda, topics to address and speaker suggestions & contact information.	Workshop Subcommittee	Use OAFHK samples from other zones	Agenda created and approved by zone members; assignments for speaker contacts & confirmations	November - December 2009	_X_ Not Started ___ In Planning ___ In Progress ___ Completed ___ Changed (Please explain)	
<b>2. Event Logistics</b> – Select a date, location, food, AV, room set-up, in-kind support & donations.	.Workshop Subcommittee	Money, contacts for catering and room access	Assignments & confirmation for location, food & in-kind contacts.	November - December 2009	_X_ Not Started ___ In Planning ___ In Progress ___ Completed ___ Changed (Please explain)	
<b>3. Communications</b> - Create a registration form, send via mail/e-mail/website, promote through local events & organizations.	Workshop Subcommittee & zone members	In-kind or funds for mailing & printing	Mail, e-mail and announce meeting through zone members & contacts	January – February 2010	_X_ Not Started ___ In Planning ___ In Progress ___ Completed ___ Changed (Please explain)	
<b>4. Conduct Workshop</b> Day of event coordination & assignments, handouts,	All zone members	Handouts, AV, donations for door prizes,	Reach at least 25 school districts	March 2010	_X_ Not Started ___ In Planning ___ In Progress ___ Completed ___ Changed (Please	Based on the evaluation 75% commit to making at least one change based on attending the

introductions, AV, facilitator, food, eval		registration needs			explain)	conference.
<b>5. Post-Conference f/u</b> Compile evals & conference communication	Workshop Subcommittee	Post eval and conf documents	PPTs, handouts, photos for posting on website; eval results shared; f/u with attendees.	May 2010	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	

Zone: 2 Date: September 15, 2009

<b>Broad Objective: Zone Mini-grants</b>						
<b>Objective #1: (Keep it SMART. Specific. Measurable. Appropriate. Realistic. Time Specific)</b> By the end of the school year 2009 - 2010 Zone 2 will award \$3300 worth of mini-grants to a minimum of 9 school districts/buildings through a competitive application process.					<b>Total UPS Funds Utilized: \$2000</b>	
					<b>AFHK Funds: \$1300</b>	
					<b>In-Kind or Support Funds: Zone 2 Partners</b>	
<b>Tactics</b>	<b>Person(s) Responsible</b>	<b>Resources Needed</b>	<b>Deliverables (# of kids impacted, # of attendees, etc)</b>	<b>Target Date</b>	<b>Status</b>	<b>Evaluation (if needed)</b>
1. Award a minimum of 1 mini-grant to school/district building for breakfast expansion.	Zone Members and Children's Hunger Alliance.	Application \$500 (UPS)	Selection criteria, review process, announcement and media photo with check presentation.	October 2009 - December 2009	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Number of kids impacted with school breakfast expansion.
2. Award (2) Veggie U Curriculum kits to school districts/buildings for promoting good nutrition	Zone Members and Review Committee	Application \$800 (UPS)	Selection criteria, review process, announcement and media photo with kit presentation.	Application – Oct. – Nov. Announce Dec. 2009	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Number of kids impacted.
3. Award (2) \$350 PE/PA equipment min-grants to school districts/buildings for promoting physical activity.	Zone Members and Review Committee	Application \$700 (UPS)	Selection criteria, review process, announcement and media photo with equipment presentation.	Application – Oct. – Nov. Announce Dec. 2009	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Number of kids impacted.

4. Award one \$500 Parent Engagement mini-grant to enhance nutrition and/or physical activity in a school district/building.	Zone Members and Review Committee	Application \$500 (AFHK)	Selection criteria, review process, announcement and media photo with equipment presentation.	Application – Nov. – Dec. Announce Jan. 2010	X__Not Started __In Planning __In Progress __Completed __Changed (Please explain)	Number of kids impacted.
5. Award one \$800 mini-grant to implement the <i>Fuel Up to Play</i> program in a school district/building.	Zone Members and Review Committee	Application \$800 (AFHK)	Selection criteria, review process, announcement and media photo with equipment presentation.	Application – Oct. - Nov. Announce Dec. 2009	X__Not Started __In Planning __In Progress __Completed __Changed (Please explain)	Number of kids impacted.

Zone: 2 Date: September 15, 2009

<b>Broad Objective:</b> Zone Outreach/Recruitment						
<b>Objective #1: (Keep it SMART. Specific. Measurable. Appropriate. Realistic. Time Specific)</b> Beginning August 2009 through May 2010 Zone 2 will recruit a minimum of one representative from each group identified below attending 50% of Zone 2 meetings or planning committee meetings (for the workshops or mini-grant reviews).					<b>Total UPS Funds Utilized: \$200</b>	
					<b>In-Kind or Support funds: Zone 2 Partners</b>	
<b>Tactics</b>	<b>Person(s) Responsible</b>	<b>Resources Needed</b>	<b>Deliverables (# of kids impacted, # of attendees, etc)</b>	<b>Target Date</b>	<b>Status</b>	<b>Evaluation (if needed)</b>
<b>1.University -</b> Outreach to the following in zone 2: Rhodes State College, OSU Lima, Univ. Findlay, Owens Community College- Findlay campus, Bluffton University, Ohio Northern	Zone 2 membership	Contact information at institution of leaders in degreed programs	Health Education – PE, Food & Nutrition , Dietetics, Nursing, etc.	Fall 2009 – Spring 2010	__Not Started __In Planning __X_In Progress __Completed __Changed (Please explain)	

University						
<b>2. Education and/or Administration</b> – Active participation via recipient of a mini-grant from zone 2	Zone Members & grant review subcommittees	Mini-grants recipient requirement	Share progress, identify and use resources from AFHK	Nov 2009 through May 2010	<input type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Meeting minutes & updated membership list
<b>3. After School Programs</b> – YMCA, CATCH, ReCharge, etc.	Zone members	Contact information of active after school program coordinators	Invite to a Zone 2 meeting and share program activities	Fall 2009 Spring 2010	<input type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	
<b>4. County Liaison</b> – Identify one primary contact between schools and zone 2 representative	Zone Members	Contact information, referrals & recommendations	Active transference and resource of information between schools in county & zone 2.	Fall 2009	<input type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Meeting minutes and updated membership list
<b>5. Zone 2 membership</b> Assess current list and increase active participation	Zone Leader & members	Contact, ask to be on committee, grant reviewer, etc.	Personal invitation & updated membership list	Summer & Fall 2009	<input type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Meeting minutes & updated membership list.
<b>6. Develop and disseminate Zone 2 information packets</b> to potential Zone 2 coalition members and funders.	Zone Leader & members	Contact information. Packet of information.	Personal invitation with packet of information.	Fall 2009 – Spring 2010	<input type="checkbox"/> Not Started <input checked="" type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	List of contacts made and information packet developed.

Zone: 2 Date: September 15, 2009

<b>Broad Objective:</b> Zone funding and in-kind support						
<b>Objective #1: (Keep it SMART. Specific. Measurable. Appropriate. Realistic. Time Specific)</b> By May 2010 Zone 2 OH AFHK will secure a minimum of 5 in-kind or monetary donations to support Zone 2 activities.					<b>Total UPS Funds Utilized: \$0</b>	
					<b>In-Kind or Support funds: \$10,000 In-kind</b>	
<b>Tactics</b>	<b>Person(s) Responsible</b>	<b>Resources Needed</b>	<b>Deliverables (# of kids impacted, # of attendees, etc)</b>	<b>Target Date</b>	<b>Status</b>	<b>Evaluation (if needed)</b>
<b>1. Food Vendors</b> In-kind support for the <i>Spring Tools for Schools</i> workshop	Workshop Subcommittee	List of local purveyors and contact information	Contact made, invitation offered and donation confirmed	Fall 2009	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Minimum of 1 donation or contributions
<b>2. Area Businesses</b> Provide in-kind support of workshops or mini-grants	Zone Members	Contact of those who have donated in the past and new potential contributors	Contact made, invitation offered and donation confirmed and delivered.	Fall 2009 – Spring 2010	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	Minimum of 1 donation or contribution
<b>3. Active Zone 2 participants</b> – provide in-kind support (ACS, ADAME, LAHEC, County Health Depts., OSU Extension, etc.)	Zone Members	Support zone activities via organizational support, to contribute and be active participants	Support zone activities via organizational support, to contribute and be active participants.	July 2009 – May 2010	<input type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Completed <input type="checkbox"/> Changed (Please explain)	
<b>4. Zone 2 members</b> Offer support and	Zone Leader and Members	Knowledge of grants	Share progress, identify and use	July 2009 – July 2010	<input checked="" type="checkbox"/> Not Started <input type="checkbox"/> In Planning <input type="checkbox"/> In Progress	Meeting Minutes

outreach to members who are actively seeking or have secured grant funding (eg. Community foundations, Dannon, etc.)		secured in zone 2 area	resources from AFHK		___ Completed ___ Changed (Please explain)	