

Zone 2 Ohio Action For Healthy Kids Meeting Minutes
December 10, 2009
St. Rita's Regional Cancer Center – Garden Conference Room, Lima

Attending: Jan Meyer, Karen Bakies, Carrie Woodruff, Joan Kline, Monica Harnish, Nicki Trout, Barb Hennard, and Janet Bassitt.

National & Ohio AFHK Updates – Karen

- AFHK has redesigned their website. Through January 7, 2010 you can enter a drawing to win tickets to Super Bowl XLIV complete with hotel accommodations and airfare. A fundraiser is being conducted and 50% of the funds go back to the state from which the donation originates. A Green Initiative in School Wellness Webinar will be held on Tuesday, December 15.
- OAFHK will feature zone success stories in upcoming newsletters. Deanna Putnam is the new chair for OAFHK. Shelly Beiting has resigned to take on other duties with Children's Hunger Alliance.
- Ohio Department of Education is offering 100- \$2,000 mini-grants to host an ODE-developed Parent Academy on nutrition entitled *Power Up Moves and Food*. The deadline to apply is December 18.
- The 2009 Healthier Kids Conference was held in Columbus on December 4 and attended by Joan, Janet, and Karen. Maggie registered and was unable to attend.
- State legislation has been proposed concerning school BMI reporting, PE, and nutrition.

Zone 2 Mini-Grant Award Status – Mini-Grant Committee

- The Breakfast Expansion mini-grant of \$500 will be awarded to Shawnee Middle School to help purchase a pan rack to put trayed up food in. Janet will notify applicant Sally Allen, Peggy Foland, and ask Maggie to cut and send the check.
- Veggie U Mini-grants will be awarded to Bluffton Elementary and Fort Recovery Elementary. Monica is working with the Ohio Department of Health to see if they will provide a kit to the other two applicants. Monica will contact the applicants and Janet will ask Maggie to work with Veggie U to pay for the school kits.
- PE/PA Mini-grants will be awarded to Upper Scioto Valley School and St. Mary of the Assumption Schools. Monica will notify all schools applying of the results and Janet will ask Maggie to contact the schools in order to process their checks.
- Karen is conferring with the American Dairy Council regarding the applications received for *Fuel Up to Play*.

Parent Engagement Workshop – Nicki & Committee

- Had 9 parent/grandparent participants in addition to those assisting with the workshop and those setting up and staffing displays. Eleven organizations were represented and received parent toolkits. Dr. Scott Luthman did an excellent job addressing the prevention of childhood obesity and volunteered to speak at any additional zone functions. OAFHK consultant, Mary Chace, was impressed with the Zone 2 activities and resources. Evaluations from the participants were positive. A news release following the event was sent to the local newspapers.
- One Parent Engagement Mini-Grant Application was received but did not meet the guidelines. At today's meeting it was discussed that the Zone will re-advertise and distribute it to local coalition county contacts for them to promote to local school parent groups. Presentations must be scheduled by January 30 with applications due February 19. Implementation is to take place by the end of the school year. We had money remaining from the Parent Workshop so we will be offering 3 awards – 1 \$500 award and 2 - \$250 awards. Karen will draft the mini-grant information for distribution.

Tools For Schools Conference

- Those joining the planning committee to date are Joan, Monica, Karen, Nicki, Barb, Carrie, Janet, Marybeth, and Lois. Contact Janet if you wish to assist.
- Potential dates discussed were March 15 and March 22 in order to avoid state basketball tournament dates.
- Nicki is checking into Lima OSU/Lima for the site.
- Decided to gear conference to school nurses, food service people, and physical education teachers.
- Suggested general session topics are Fuel Up to Play, Legislation and Policy, and Staff Wellness.
- Suggested Nutrition Track Topics are Farm to Table and Hydroponics
- Suggested PE Track Topics are Spark Curriculum and The Zone Playground/Indoor Physical Activity Model (Lois Carnes).

Other Business

- Karol Oxley, superintendent from Lima City Schools, was featured as a speaker on school breakfast at a national conference.
- ODE will offer 132 Fruit and Vegetable Grants. Preference will be given to schools with a high percentage of free and reduced lunches.
- USDA indicated that milk supplements will be reimbursed only if milk is determined to be life threatening to the student.

Next Meetings

- Tools For School Conference Planning Committee – 1:00 p.m. on Tuesday, January 12.
- Ohio Action For Healthy Kids Zone 2 General Meeting – 2:00 p.m. on Tuesday, January 12.
- Location: To Be Determined