



AFHK Zone 3
Steering Committee Agenda
October 30th, 2007
2-4pm

Attendees: Michele Benko, Ann Stahlheber, Amy Neff, Martha Halko, Elaine Galbincea, Denise Tabar, Donna Cook, Becky Hauser, Jeanette Chamberlin, Cal Long, Kim Stanislo, Meryl Closs, Carrie Wert, Barbara Currence, Jan Meyer, Rita Sfiligo.

AFHK Updates

Update on HB 256 –

- Michele Benko encouraged Zone 3 members to contact their local legislators to support the bill. Speaking points and legislator contact info for zone 3 were passed out. Jan Meyer mentioned that there was one hearing in May and another will take place in the fall after the summer break. People listed on the hand out are key legislators that are apart of the house education committee where the bill is currently located.

CATCH Training

- Nov. 30 ODE & ODH are planning on hosting a CATCH training on Nov. 30th at the Development office in Akron. **The training is by invitation only.** For school who are on **Academic Watch or Warning.** Susan Hennis is the contact person from ODE. Susan.Hennis@ode.state.oh.us
- Becky Hauser mentioned the Medina / Summit county successful CATCH training which took place last month.

NFL Recharge Kits

- All 10 of the ReCharge kits have been distributed to Afterschool programs in Zone3! Michele Benko gave a brief update of what the ReCharge kits are and described a new program from AFHK.... Mini Recharge. The Mini Recharge kits are resources that NFL Teams can use at local, community events that promote youth fitness. The kit is an activity circuit of eight fitness stations for youth in grades 3-5. *Mini-ReCharge!* is **designed to support NFL player appearances** at schools or after-school programs, and can accommodate participation of up to 100 youth. The Cleveland Brown's were the first NFL team to try it out!

AFHK Zone 3 Updates-

Zone 3 Action Plan- Completed!

Workshops-

- Sustainability workshop update- location at the Cleveland Clinic Independence on Dec. 12th from 8am -12pm on Dec. 12th, 2007. We are focusing on inviting school wellness teams to the workshop.
- Grant writing & evaluation workshop – tentatively scheduled for Feb. 27th at the Akron Wellness Center. Speakers currently confirmed: Nichelle Brown from CCBH. Elaine Borawski from CASE has been contacted, but not confirmed.

Scholarships –

- The scholarships will be available to the schools who attend the workshops. Michele Benko is currently working on the scholarship forms and has invited anyone else from the zone to help with the development of the applications and will be seeking volunteers to participate in the review of the applications.

Recruitment/ outreach & In-kind funding-

- These two pieces need volunteers to run these sections of the action plan. If you are interested in either section, please contact Michele Benko – mbenko@ccbh.net .

Success stories-

- Success stories are need for the Zone 3 page. Jan passed out a sheet about the applications for the success stories on the website. To fill out an application go to www.ohioactionforhealthykids.org . Click on zone leader resource page, the form is located under School Success stories.

Other updates from members –

- Meryl Closs from the American Heart Association mentioned the “What Moves You” kit. She had extra CD’s and if you would like one, please contact her at meryl.closs@heart.org .
- Michele Benko announced that she will be stepping down as zone 3 leader. Jan Meyer asked for interested people to contact her at meyer.vj@gmail.com .
- Michele Benko announced the Zone leader ship workshop which will be held on Dec. 4th in Columbus. She asked if there were any members interested in attending the Zone leadership workshop. There is a **maximum of 4 people** who can attend from the zone. If interested contact Michele Benko (mbenko@ccbh.net).

Meeting Adjourned at 3:15pm.

- ✧ If you have any questions please contact Michele Benko, mbenko@ccbh.net or 216-201-2001 Ext. 1513.

Tentative Dates Selected for Upcoming Quarterly Meetings:

- ✧ January 8th, 2008 @ Lorain County
- ✧ March 25th, 2008 @ Cuyahoga County Board of Health
- ✧ May 20th, 2008 @ Summit County