

Zone 3 Meeting Minutes
Wednesday, December 17,2008
CCBH

Attendees: Alison, Peg, Debbie, Christie, Meryl, Desiree, Carrie, Kristen and Donna

Review of Mission Statement

“To engage diverse organizations, leaders, and volunteers in actions that foster sound nutrition and good physical activity in children, youth, and schools”

- Committee unaware of the actual mission statement of AFHK, however we all know what the organization is aiming to achieve.
- Discussion to make sure that all committee members are able to discuss what the mission of AFHK is in their own words.
- Ohio Action for Healthy Kids Mission Statement
 - The Ohio Action for Healthy Kids team is dedicated to improving the health and educational performance of Ohio's children by promoting healthy school environments that offer sound nutrition and adequate opportunities for physical activity.

Recap of December 4 Meeting in Columbus

- About 60 people from all zones attended the meeting in Columbus
 - Chance to share best practices and strategize for 2009
 - JD Beiting now Director of Development for National
 - Angela Forfia is our Ohio Team Rep
 - Kristen Medica is program coordinator
- Discussed the marketing strategy for our zone in 2009
- Guest speaker Cynthia D'Amour discussed how we can recruit and maintain volunteers for AFHK

Progress or Promises?

- Encouraged everyone to go to website and download a copy of report to read themselves and also encouraged to take and share with school staff

Web cast : Elevating School Wellness to a Higher Level

- Encouraged the group to go to website and view the web cast
- Discussion about web cast by those who already viewed the web cast
 - Not enough time to ask questions
 - Topic not thoroughly addressed, needed to be longer and more global
 - Need to encourage school staff and administration to listen to the web cast in 2009

2008-09 Action Plan Update

- Completed first workshop on November 13 at Brooklyn High School
 - Workshop geared for physical education teachers
 - Good attendance

- Very positive feedback
- Identified 2nd workshop topic and will begin planning in the next few weeks

Workshop #2

- Topic will be Grant writing
- Target group: curriculum specialists, teachers and PTA
- Looking to have event in Strongsville area
- Tentative dates based on site availability
 - Tuesday, March 31
 - Thursday, April 2
- Committee working on planning : Alison, Debbie and Donna
 - Others are encouraged to join

Mini Grants

- First round of grants were due December 17th at noon. AS of Tuesday, the 16th, 5 had been received
 - One application was not complete so will not be considered unless contact person is able to get me completed application by December 18th at 5:00pm
 - All mini grants will be emailed to committee along with evaluation sheet to determine who will receive funding. Evaluation forms due back by January 7th .
 - Schools will be notified by January 16th at the latest via email and US mail

New direction for 2009

- Rebuilding our zone in 2009
- Looking to re-establish relationship with board of health reps from Lorain and Medina County
 - Will contact Bonnie Hoppel to help identify these partners and will contact them and update them on our zone
- Work on look of website and keeping it updated
- Look into the possibility of having conference call dial in access to increase participation, especially from the school districts
 - Possibly have monthly or quarterly conference calls by county to address needs specific to the county
 - Continue quarterly stakeholder meetings in all counties
- Add to our list of stakeholders; put together a list of potential organizations and schools that will be contacted to join our team.
- Working on putting together a packet of information about zone 3, possibly including success stories to roll out to the schools and increase awareness of who we are.
- Target groups for 2009
 - PTA/PTU/PTO
 - Wellness council reps

2009 Meeting dates

- Tuesday, February 17th (Lorain County) 3:00pm
 - Location TBD and confirmed
- Tuesday, May 12th (Medina County) 3:00 pm
 - Location TBD and confirmed

- Tuesday, September 15th (Summit County) 3:00pm
 - Location TBD and confirmed
- Tuesday, December 15 (Cuyahoga County) 3:00pm
 - Location TBD and confirmed